

## **Sno-King Arena Kirkland Code of Conduct**

At Sno-King Ice Kirkland we take pride in how our staff, skaters, and families reflect our Skating Culture.

Please help our culture thrive by understanding everyone's role:

### **Parent/Guardian responsibilities include:**

- Support all of your child's efforts regardless of the result (Figure skating is a very difficult sport which requires patience, perseverance and dedication. Our focus is on process goals rather than outcome goals)
- Allow your coach to do the coaching. Multiple voices can be detrimental to your child's ability to excel.
- Viewing area's for parents and spectators during figure skating sessions include the bleachers and the warm room located at the southwest end of the rink. We request that parents do not enter the hockey and penalty boxes.
- Respect the decisions and authority of officials during competitions and test sessions. And teach your child to do the same.
- Direct all questions and concerns about your child's progress and development to his/her coach.
- Consult with your skater's head coach prior to making any coaching changes or additions.
- Respect the values, opinions and beliefs of others.
- Report any slander, bullying, blaming or raised voices to the head coach and or the skating director immediately.
- Our skaters perform at their best when they:
- Arrive to the rink on time, have an appropriate off-ice warm up prior to taking the ice on time.
- Dress appropriately in warm athletic attire that allows for movement, and have hair pulled back and away from their face.
- Have equipment that is properly maintained (e.g. blades sharpened). The skater should communicate with their coach/parent if there is a need for sharpening and/or equipment maintenance.
- Have adequate rest and nutrition prior to practice and lessons.

### **Skater responsibilities include:**

- Sign in for all sessions and take the ice on time.
- Contribute to a healthy productive environment by respecting their fellow skaters, keeping all discussions positive and reporting any slander, bullying or raised voices to their coaches.

### **Our coaches lead and enhance our culture by:**

- Communicating all policies and expectations

- Implementing appropriate lesson, practice plans and secondary coaching staff
- Remaining current on education, training and USFS rules
- Following the USFS and PSA code of ethics
- Maintaining all memberships, insurance and testing requirements
- Respecting the rights of other's values, opinions and beliefs
- Reporting any slander, bullying, blaming or raised voices to the head coach and or the skating director
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Each of our coaches may have slightly different billing policies and lesson plans. It is the responsibility of your coach to communicate those protocols directly to you. Many of our staff coaches will ask you to sign a parent/coach agreement.

***I as an adult member agree to abide by this code of conduct and if I am the parent/guardian of a minor club member(s), I have shared and discussed this information with my child(ren) and I will ensure that they abide by this code of conduct.***

## **Kingsgate Skating Club and U.S. Figure Skating Code of Conduct**

Kingsgate is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

The following code of conduct applies to all participants in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating and (Club/Program/Rink) including but not limited to competitions, exhibitions, training camps and local rink activities.

I recognize that my participation or my child's in all the activities associated with U.S. Figure Skating and (Club/Program/Rink) is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents.

- A. I will exhibit the highest standards of fairness, ethical behavior and genuine good sportsmanship in all of my relations with others.
- B. I will not damage public or private property. I understand that I may be held financially responsible for damage deemed to be wantonly or willfully executed on my part, and that I may be subject to disciplinary action by U.S. Figure Skating.
- C. I will not use or possess illegal drugs, and I will not engage in criminal activity. I understand that, if I am found to use or possess illegal drugs, or if I am found to engage in any criminal activity during any activity hosted, supported, sponsored or engaged in by U.S. Figure Skating, I may be subject to criminal penalties as well as penalties imposed by U.S. Figure Skating.
- D. I will adhere to the rules of U.S. Figure Skating and the host organization at all activities hosted, supported, sponsored or engaged in by U.S. Figure Skating.
- E. I will comply with all applicable anti-doping rules including, but not limited to, ISU and USADA anti-doping rules.
- F. I will conduct myself in a manner not detrimental to the welfare of figure skating. I understand that my actions reflect on U.S. Figure Skating and the sport of figure skating both positively and negatively. I understand that if my acts, statements, or conduct are considered detrimental to the welfare of figure skating by the appropriate authority, I may be subject to penalties imposed by U.S. Figure Skating pursuant to GR 1.04.
- G. I understand that the penalties that may be imposed may include, but are not limited to, loss of future international selections, loss of financial support from U.S. Figure Skating and its Memorial Fund, and loss of participation in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating.
- H. I understand that all disciplinary proceedings will be conducted pursuant to Article XXV, Section 3, of the U.S. Figure Skating bylaws, and that my rights and remedies are derived therefrom.