

Summer Skating School Freestyle Session and Fees:

Your coach will guide you to which sessions and classes are best suited for you
Pre-Register no later than June 1st and receive class discount.

Summer Skating School Discount Package: (On-line reservation only)

Attendance of **4-weeks of Summer Skating school and advanced registration for Skills classes before June 1** required for discount rate.

Register before June 1 and receive all On-Ice/Off-Ice Skills classes for **\$12.00**

T-TH Skills A Power Class: included with package if attending 2 or more skills classes per week

Summer Registration due by, June 1, 2022

Summer On-Ice Skills Classes and Fees:

Mon, Wed, Fri, Skills A and B: \$18.00

Tuesday/Thursday, Power Class: \$8.00

Wednesday, solo Dance: \$18.00

Monday, Adult Dance: Session Fee + \$15.00 (Payable to instructor)

Thursday Adult Edge: Session Fee + \$15.00 (Payable to instructor)

Saturday Adult Edge: \$20.00 includes session fee

Minimum number required to hold adult classes

Off-Ice Skills Classes and Fees: (On-line reservation only)

Monday-Friday, Skills A and B: \$20.00

Freestyle Session

All skaters on Sno-King Kirkland Freestyle sessions are required to be a current member of US Figure Skating Basic Skills or Full Membership. Memberships can be obtained at www.kingsgateskatingclub.org

How to purchase:

Create a dash account or Log-in

<https://member.daysmartrecreation.com/#/online/snoking/login>

1. Sign-in
2. Go to the top and click on "memberships"
3. Click on "purchase a pass"
4. Choose the package you would like to purchase (Freestyle / Public /)

Freestyle Session Fees:

30-minute Session: Drop-in rate On-Line reservation only \$10.00

20 credit packages: \$150 (\$7.50 per session)

40 credit packages: \$280 (\$7 per session)

60 credit packages: \$390 (\$6.50 per session)

Experience Summer Skating School

2022

June 27-August 12



We develop skater's for life!

Sno-King Kirkland Ice Arena

14326 124 AVE NE

Kirkland, Washington 98034

www.snokingkirkland.com

Summer Skating School 2022

On-Ice Schedule

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|-----------|-------------|-----------|-----------|---------------|---------------|-----------|------------------|-----------|-------------|
| 6:00 | Freestyle | 6:00 | Freestyle | 6:00 | Freestyle | 6:00 | Freestyle | 6:00 | Freestyle |
| 6:30 | Freestyle | 6:30 | Freestyle | 6:30 | Freestyle | 6:30 | Freestyle | 6:30 | Freestyle |
| 7:00 | Freestyle | 7:00 | Freestyle | 7:00 | Freestyle | 7:00 | Freestyle | 7:00 | Freestyle |
| 7:30 | Freestyle | 7:30 | Freestyle | 7:30 | Freestyle | 7:30 | Freestyle | 7:30 | Freestyle |
| 8:00 | Freestyle | 8:00 | Freestyle | 8:00 | Freestyle | 8:00 | Freestyle | 8:00 | Freestyle |
| 8:30-8:45 | ZAM | 8:30-8:45 | Power | 8:30-8:45 | ZAM | 8:30-8:45 | Power | 8:30-8:45 | ZAM |
| 8:45-9:15 | Skills A | 8:45 | Zam | 8:45-9:15 | Skills A | 8:45 | Zam | 8:45-9:15 | Skills A |
| Edges | Edges | 9:00 | Freestyle | Skills Drills | Skills Drills | 9:00 | Freestyle | Spins | Spins |
| 9:15-9:45 | Skills B/JS | 9:30 | Freestyle | 9:15-9:45 | Skills B/JS | 9:30 | Freestyle | 9:15-9:45 | Skills B/JS |
| 9:45 | Freestyle | 10:00 | Freestyle | 9:45 | Freestyle | 10:00 | Freestyle | 9:45 | Freestyle |
| 10:15 | Freestyle | 10:30 | Freestyle | 10:15 | Freestyle | 10:30 | Adult Freestyle | 10:15 | Freestyle |
| 10:45 | Freestyle | 11:00 | LTS | 10:45 | Freestyle | 10:30 | Adult Edge | 10:45 | Freestyle |
| 10:45 | Adult Dance | 12:00 | End | 10:45 | Solo Dance | 11:00 | Adult Freestyle | 11:15 | Freestyle |
| 11:15 | Freestyle | | | 11:15 | Freestyle | 11:30 End | | 11:45 | End |
| 11:45 | End | | | 11:45 | End | | | | |
| | | PM | Public | PM | Freestyles | 5:15 | Skills B/JS | PM | Public |
| PM | Public | 4:45 | LTHS | | | 5:15 | Bridge-Aspire-JS | End 5:45 | |
| | | | | 6:00 | LTS | | | 6:00 | LTS |

Off-Ice Schedule

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|------------------------|----------------------|------------|----------|---------------------------|----------------------|---------------------|----------|----------------|----------------------|
| Off-Ice Jump Rotations | | Pilates | | Strength-Stretch-Movement | | Ballet –Latin-Salsa | | Special Guests | |
| 8:30- 9:00 | Skills B/ Jump Start | 8:30- 9:00 | Skills B | 8:30- 9:00 | Skills B/ Jump Start | 8:30- 9:00 | Skills B | 8:30- 9:00 | Skills B/ Jump Start |
| 9:25-10:05 | Skills A | 9:00-9:40* | Skills A | 9:25-10:05 | Skills A | 9:00-9:50* | Skills A | 9:25-10:05 | Skills A |

Most Off-Ice Skills are divided by age and maturity. Please check in with your coach regarding which class is appropriate for you.

Schedule Changes:

Always check website for updated schedule www.snokingkirkland.com

Summer Skating School

On-Ice Skills Classes

Your coach will guide you to which classes are best suited for you

On-Ice & Levels

(Based on current Moves in the Field test levels)

Skills A:

Advanced; Intermediate - Senior

Intermediate: Preliminary—Juvenile

Skills B:

Aspire-Excel High: Free skate 5-No test-Pre Pre

Aspire: Free Skate 1-4

Bridge: Basic 5 - Pre-Free skate

Jump Start Program: Basic 3-4 (must have permission)

Adult (18+) Programming: All Levels

On-Ice Skills Classes:

Skills A:

Monday, Wednesday & Friday 8:45-9:15

Wednesday, Solo Dance: 10:45

Tuesday & Thursday, Power: 8:30-8:45 (Included in the session fee)

Skills B:

Monday, Wednesday, Friday 9:15-9:45 (Included in the session fee)

Wednesday, Solo Dance: 10:45

Tuesday & Thursday, Power: 8:30-8:45

Thursday 5:15-6:35 30 min. On-Ice 30 min. Off-Ice

Jump Start:

Monday, Wednesday & Friday 9:15-9:45

Adult (18+) Session and Edge Class:

Monday, Adult Dance: 10:45-11:15

Thursday, Adult Edge: 10:30- 11:45

Saturday Adult Edge: 9:00-9:30

Sunday Ice Dance Session: No instruction

All Levels 10:15-11:30

SK8 to Eliminate Cancer Event: Exhibition Friday, July 22

Off-Ice Skills Classes:

Skills A:

Monday, Wednesday & Friday 9:25-10:05

Tuesday, 9:00-9:40-Thursday, 9:00-9:50

Skills B:

Monday, Tuesday, Wednesday, Thursday, Friday 8:30-9:00